

ACTIVITY

NEJM Knowledge+ Pain Management and Opioids

PAIN MANAGEMENT AND OPIOIDS ACTIVITY EVALUATION

If you have not already done so, please complete the Activity Evaluation before printing your transcript. [Start now](#)

This is a REMS-compliant CME activity. All CME content corresponds to the FDA Education Blueprint for Health Care Providers Involved in the Treatment and Monitoring of Patients with Pain (September 2018).

Topics include:

Section 1: The Basics of Pain Management

- I. The Need for Comprehensive Pain Education
- II. Definitions and Mechanisms of Pain
- III. Assessing Patients in Pain

Section 2: Creating the Pain Treatment Plan

- I. Components of An Effective Treatment Plan
- II. General Principles of Nonpharmacologic Approaches (including implantable devices)
- III. General Principles of Pharmacologic Analgesic Therapy
 - A. Non-opioid medications
 - B. Opioid analgesic medications
- IV. Managing Patients on Opioid Analgesics
 - A. Initiating treatment with opioids — acute pain
 - B. Initiating treatment with opioids — chronic pain
 - C. Ongoing management of patients on opioid analgesics
 - D. Long-term management
 - E. How to recognize and intervene upon suspicion or identification of an OUD
 - F. When to consult with a pain specialist
 - G. Medically directed opioid tapering
 - H. Importance of patient education
- V. Addiction Medicine Primer

CREDITS EARNED

AANP Pharmacology Credit Hours (Activity ID 23036011)

10.25

Pharmacology Contact Hours

This activity is approved for 10.0 contact hour(s) of continuing education (which includes 10.0 hours of pharmacology) by the American Association of Nurse Practitioners. Activity ID 23036011. This activity was planned in accordance with AANP Accreditation Standards and Policies.



Director, Continuing Education, Accreditation & Recognition